

Wednesday, January 4, 2006

Resolved: Exercise more, buy less yarn

Here are my two cute cousins and my uncle Rob (check out his band Boston Blackthorne here and on iTunes!) playing their instruments for us on Christmas day. I adore my family. I adore my boyfriend. Together, they made me so joyful and thankful during this holiday. I had a wonderful vacation, during which I did really nothing except buy yarn and open presents! I also started feeling a little stressed out about my stash, and about my lack of personal exercise motivation. I thought a lot about my goals for this year, and realized that they are analogous. I'm on a food diet and a yarn diet. I need to exercise more and knit more, which should make me happy! Category 1: FITNESS. Before I started surgery, I was really good about exercising. I wasn't about to run any marathons or win any fittest student awards, but I was in decent shape. Then, surgery hit me like a brick, and I was lucky if I worked out for 30 minutes a week. During OB I was no better, and just a tiny bit better during Pediatrics. Now for 6 weeks I have to report for duty around 9 am. Over Christmas break, I worked out almost every day, and I hope to continue this trend. I'd like to eat a bit better, lose some weight and become toned again. I plan to get up at 6 am and go to the sucky but free school exercise room--hopefully the smelly dude who sometimes is there will still be sleeping! :o)Category 2: STASH REDUCTION. Seriously, the stash is getting out of control. I knitted a truly heroic number of holiday knits, and somehow managed to give them away without pictures. One mistake rib scarf for my grandfather, a "lacey" pattern scarf for my great-aunt, a ziz-zag scarf from Modular Knits with matching mittens for my sister, Fleece Artist "Favourite Mittens" for my mom, some mittens for my grandmother...you get the idea. It was insane, but all presents were finished more or less in time for the big day. Since then I've made lots of progress on my Eris, and have started two new projects. Rosedale United: This pattern and yarn is ADDICTIVE! What you see there is about 1 full day worth of knitting. Most of this was knitted yesterday during a full day of lectures called "Interclerkship." Some more was done today in between orientations for Family Medicine. I forgot how much I LOVE Noro Kureyon. This is color number 162, and even though I can see the ball of yarn and tell which color is coming next, I keep on wanting to knit MORE and more and see what the sweater will look like! I'm almost done with the body and will move to the sleeves soon...Knitting this makes me think about that crazy sweater from Interweave Web patterns knit with Kureyon. Of course, I can't make it until I use up WAY more stash...but I do have the color picked out...maybe. Lace Leaf Pullover: From Teva Durham's book, also from Interweave Summer 2005. Ever since I saw this sweater I knew I had to have it. I found the yarn for it at WEBS, it is one of their new lines-Valley Yarns Shelburne. The picture does not do justice to the yarn or pattern, both are lovely. I've finished the lower part of the body and almost both sleeves. Hey, at this rate, I'll have room in my stash in NO TIME.

Posted by Mia in Knitting, Ramblings at 20:15